

Yoga in India

Tour Highlights

Visit Ancient Fortresses, Palaces & Temples
Enjoy Fully Guided Tours
Jeep Ride at Amber Fort
Tuk-Tuk Ride in Jaipur Bazaar
Rickshaw Ride in Old Delhi Bazaar
Visit India's Largest and Oldest Mosque in Old Delhi
Enjoy Street Bazaar Walks in Jaipur
Visit Holy Temple Kitchen at Gurudwara
Experience Yoga at Parmath Niketan Ashram
Experience Jeep Safari at Corbett National Park

Day 1 – Arrive in Delhi

Upon arrival in Delhi you will be met and transferred to your hotel for your overnight stay. Delhi, the capital of India, is a city that offers a glimpse of both ancient and modern day India. It is the third largest city in India and one of the fastest growing in Asia. The city is rich in culture, always changing with time but never hiding its splendid past. The various ancient ruins seen in the city are silent witnesses to its magnificent history. The city of Delhi is a blend of two different yet perfectly balanced parts, Old and the New Delhi. With its intricate streets, elegant mosques, forts, monuments, and bazaars that sell a variety of goods, Old Delhi speaks volumes about its Mughal past. With its multi-ethnic, multi-cultural population, New Delhi is truly cosmopolitan.

Accommodation: [Hotel Piccadily](#) – standard room

Day 2 – Delhi sightseeing

Journey deep into India's renowned capital, influenced by the British Raj and the Mughal Empire alike. Today's tour includes heritage rich Old and New Delhi including a Heritage Walk inside India's largest Mosque (Jama Masjid), built by Mughal Emperor and the maker of Taj Mahal 'Shah Jahan'. Constructed in 1644 AD it showcases the finest Islamic architecture. Next we hop-on a Rickshaw and tour the real life of Old Delhi through maze-like streets of the iconic Ancient Bazaar Chandni Chowk. Time permitting we ride inside Asia's largest Spice Trading Markets 'Khari Baoli'. Our ride will end outside the imperial residence of the 1600's Mughal Dynasty, The Red Fort of Delhi.

We continue by vehicle to New Delhi city and experience colonial-era Delhi including the Mahatma Gandhi Museum 'Birla House' where he was shot dead by a Hindu zealot in 1948. Next, we explore inside the gold-covered Sikh Shrine Bangla Sahib Gurudwara, where

we will volunteer inside its holy Community Kitchen which daily feeds over 10,000 devotees, pilgrims and homeless. Next, we visit the Ceremonial Boulevard Raj Path to witness Sir Edwin Lutyens finest works from the 1920's British Raj Era, including Colonial Government Buildings, India Gate, President and Parliament House (seen from outside). We will also visit Connaught Place, the central market, where you will get some free time before returning to your hotel.

Meals: breakfast

Accommodation: [Hotel Piccadily](#) – standard room

Day 3 – Delhi – Haridwar - Rishikesh

This morning we drive to the city of Haridwar (approximately 6 hours, 260 kms), located at the foothills of the Himalayas. It is the place where the Holy Ganga reaches the plains. This evening we visit Har-Ki-Pauri for famous Ganga Arti ceremony and floating of diyas on the Ganges. After this, drive to Rishikesh and check in at your hotel.

Meals: breakfast

Accommodation: [Hotel Divine Resort](#) – Ganges Facing room

Days 4 & 5 - Rishikesh

You have two days to enjoy the Yoga Festival at Parmarth Niketan Ashram. Engage in as many yoga activities as you can handle!

Meals: breakfast

Accommodation: [Hotel Divine Resort](#) – Ganges Facing room

Day 6 – Rishikesh – Corbett

This morning we drive to Corbett National Park (approximately 4 hours, 160 kms). The park covers an area of 521 km² and is home to more than 500 species of animals and birds. The place offers a lot to those who wish to have a closer look of nature. Wildlife of the park includes the tiger, leopard, sloth bear, jungle cat, fishing cat, wild boar, langur, Rhesus monkeys, gharial and mugger crocodile.

Meals: breakfast, lunch, dinner

Accommodation: [Hotel Infinity Corbett Wilderness](#), luxury room

Day 7 - Corbett

This morning enjoy a jeep safari in Corbett National Park. The rest of the day is at leisure.

Meals: breakfast, lunch, dinner

Accommodation: [Hotel Infinity Corbett Wilderness](#), luxury room

Day 8 – Corbett - Agra

Depart Corbett for Agra, a journey by road of approximately 8 hours, 400 kms. Agra is home to one of the Seven Wonders of the world - the Taj Mahal. The architectural splendour of the mausoleums, the fort and the palaces is a vivid reminder of the opulence of the legendary Mughal empire, of which Agra was the capital in the 16th and early 17th centuries. While its significance as a political centre ended with the transfer of the capital to Delhi in 1634 by Shah Jahan, its architectural wealth has secured its place on the international map. Agra is known for its superb inlay work on marble and soapstone, carpets, gold thread embroidery and leather shoes.

Meals: breakfast

Accommodation: [Hotel Crystal Sarovar Premier](#) – standard room

Day 9 - Agra - Jaipur

Early this morning we will proceed on a beautiful sunrise tour of the Taj Mahal and visit the inside as well. The Taj is a magnificent edifice built for the love of Shah Jahan for his wife Mumtaz Mahal. On the inner walls, jewel-like stones create beautiful designs in white marble. The Mughals perfected the art of embedding semi-precious stones into marble and the Taj is the finest example of this. Later, enjoy a short heritage walk of the imperial residence of the Mughal dynasty, Agra's Red Fort,

Next, drive to the Pink City of Jaipur, the capital of Rajasthan state, a journey of approximately 5 hours, 260 kms. Check in at your hotel.

The picturesque capital of Rajasthan was built around 1727 A.D. by Maharaja Sawai Jai Singh II. Jaipur displays a remarkable harmony and architectural splendour, most notably the renowned Palace of the Winds. The ancient heart of the Pink City still beats in its fairy-tale palaces, rugged fortresses perched on barren hills and broad avenues that crisscross the entire city.

There is a timeless appeal to Jaipur's colourful bazaars where one can shop for Rajasthani handicrafts and trinkets. Beautifully laid out gardens and parks, attractive monuments and marvelous heritage hotels are scattered around town.

Meals: breakfast

Accommodation: [Hotel Sarovar Premiere](#) – deluxe room

Day 10 – Jaipur

Your city tour begins with a morning ceremony of Indian Turbans and Stolls. Next, enjoy a classic Jeep Ride to climb the hilltop Amber Fortress, built in the 16th century by Rajput commander Raja Man Singh I. The fortress offers great views along with an intricate Mirror Palace and fine blends of Hindu-Rajasthani architecture.

We continue with a photo-stop outside the Water Palace Jal Mahal, located in the centre of Man Sagar Lake.

Arrive in the heart of the Old City of Jaipur to visit the Astronomical Observatory Jantar Mantar where your guide will teach you how its bizarre giant instruments work to measure celestial objects.

Visit the residence of the Royal Family, Jaipur City Palace and Museum. Built in 1700 AD by Raja Jai Singh II, this Palace houses rare galleries from the British Raj and Rajput eras.

Next, capture the real life of Jaipur while enjoying a walk through Jaipur's most colourful bazaars. Put your negotiating skills to the test here, as this market is a trading hub of basically everything from blue pottery to Indian saris and rare spices. During the bazaar walk you will also see Jaipur's most distinctive landmark, the Palace of Winds (Hawa Mahal). It was built in a unique pink-coloured beehive design with 958 (someone counted them!) intricately designed windows that were built for royal women so they could observe city life without being seen themselves.

Meals: breakfast

Accommodation: [Hotel Sarovar Premiere](#) – deluxe room

Day 11 – Jaipur - Delhi

This morning you will be driven to Delhi Airport where our services end.

Meals: breakfast

Look at all that is included in your Yoga in India Adventure:

- ✓ Meet & Greets at airport & train station
- ✓ Service of a Local English Speaking Guide during sightseeing tours
- ✓ Accommodation and hotels as per itinerary or similar
- ✓ Meals as specified within itinerary
- ✓ All transfers, tours and excursions by an air-conditioned Vehicle
 - ➔ Airconditioned Innova car (2-4 Persons)
 - ➔ Airconditioned Tempo Traveller (Micro Bus, 8 Seater) (5-8 Persons)
 - ➔ Airconditioned Mini Coach (9-15 Persons)
- ✓ All entrance fees at monuments as per itinerary
- ✓ One Jeep Safari in Corbett
- ✓ Yoga Activities at Parmath Nikentan Ashram for 2 days
- ✓ Current Indian GST and applicable taxes

And this is not included in your Yoga in India adventure:

- x International air fare and associated taxes
- x Domestic flights and associated taxes
- x Baggage charges levied by airlines.
- x Meals other than those listed
- x Tips & gratuities
- x Visa & passport expenses
- x Phone calls, laundry, Wi-Fi charges, drinks and other items of a personal nature
- x Video and camera permits
- x Travel insurance
- x Anything else not specifically listed as included